

Old Age & Community Psychiatry F1 Job Description

Post Based at Carlton Clinic, Carlisle

The trainees will work in inpatient, clinic and community settings and will undertake assessment and treatment of patients with a wide range of psychiatric disorders.

The trainee may have an opportunity to work with the Crisis Team based at The West Cumberland Hospital and at The Carleton Clinic, Carlisle and this will enable them to gain experience of the immediate management of psychiatric emergencies. In conjunction with Psychiatric liaison staff and the crisis teams, trainees may be asked to assess patients at the Cumberland Infirmary who have been admitted following overdoses.  All emergency work is undertaken under the supervision of the trainee’s Consultant or on call consultant and senior crisis team staff.

Trainee will be closely allied to their supervisor in the provision of outpatient services. Outpatient clinics are held regularly in various locations and it is intended that the trainees will assess new patients and present and discuss them with their Consultant supervisor.

As members of the multi-disciplinary teams the trainees will be expected to take advantage of the opportunity to learn how other disciplines, including Nursing, Psychologists, Occupational Therapists and Social Workers operate.

The trainee will have support from more senior trainees working in the Trust and there will be opportunity to facilitate teaching on the weekly in house psychiatry postgraduate teaching programme and offer shadowing experience 5th year medical students from Newcastle University at certain times of the year.

The psychiatry teaching programme includes training in clinical audit and critical appraisal, case presentations, Journal club as well as core and contemporary psychiatry topics.

Trainees will have minimum of 1 hour supervision per week with their supervisor

There is no on call commitment within Psychiatry.

Curriculum outcomes that can be achieved:

1. Professional Behaviour and Trust

* Acts professionally
* Delivers patient centred care and maintains trust
* Behaves in accordance with ethical and legal requirements
* Keeps practice up to date through learning and teaching
* Demonstrates engagement in career planning

1. Communication, team working, & leadership

* Communicates clearly in a variety of settings
* Works effectively as a team member
* Demonstrates leadership skills

1. Clinical care

* Recognises, assesses and initiates management of the acutely ill patient
* Recognises, assesses and manages patients with long term conditions
* Obtains a history, performs clinical examination, formulates differential diagnosis and management plan
* Prescribes safely
* Performs procedures safely
* Demonstrates an understanding of the principles of health promotion and illness prevention

4) Safety & Quality

* Recognises and works within limits of personal competence
* Makes patient safety a priority in clinical practice
* Contributes to quality improvement

Professional teaching modules are repeated throughout the year to enable attendance at all modules.

The foundation doctor will have 3 days working on the ward with the team. This will give the foundation doctor experience of inpatient older adult psychiatry. The foundation doctor would be expected to work with the team taking responsibility for physical and mental health care of patients in a supervised way as appropriate to their foundation curriculum. The foundation doctor will also be working in the community 0.5 days a week. One session would also be linking up with the older adult mental health practitioner, assessing patients at the Cumberland Infirmary, again under supervision with expectation that they would be doing work place based assessments in this to show their competencies. They would be working with the consultant in an outpatient clinic 1 session per week, seeing patients with that consultant. They would also be expected to link up with the Community Mental Health Team and arrange to go on visits with different health professionals to get experience of patients care in their own homes.

They would attend the mental health in-house teaching programme once a week as well as the foundation teaching.

You will have regular meetings with your clinical supervisor who will provide feedback to you. They will also help ensure you have adequate opportunity to undertake SLEs and gain feedback from these. There will also be a placement supervision group for your placement to enhance the quality of the feedback you are given from your clinical supervisor.