



## Hartlepool and Stockton Health

As a GP Federation representing all 32 GP Practices across Hartlepool and Stockton, Hartlepool and Stockton Health's vision is to improve the health and wellbeing of local people.

Hartlepool and Stockton health are proud to support with delivery of the following services:

- 7 Day Enhanced Access Service
- Integrated Urgent Care Service
- Hospital @ Home Service for Frailty
- GP Home Visiting Service (for palliative patients)
- GP Home First Service
- Primary Care Outreach Team
- Personalised Care Teams (in PCNs)
- Pharmacy Team (in PCNs)
- Local COVID-19 Vaccination Programme
- Community NHS Health Check Service
- Winter Pressures Services (adding additional capacity to the system)

### Available Shift Patterns

GP ST3s are offered the opportunity to work alongside a GP Trainer within our Integrated Urgent Care Service, gaining valuable experience of Out of Hours (OOH) work and evidence for their portfolio. Because these shifts are supernumerary, the GP Trainer is onsite to offer support, so that our GP ST3s can get as much out of their time with us as possible.

Our Integrated Urgent Care Service, which spans North and South Tees, operates out of the following four sites:

- **Hartlepool Urgent Care**  
Holdforth Road, Hartlepool, TS24 9AH
- **North Tees Urgent Care**  
Hardwick Road, Stockton, TS19 8PE
- **Redcar Urgent Care**  
West Dyke Road, Redcar, TS10 4NW
- **James Cook Urgent Care**  
Marton Road, Middlesbrough, TS4 3BW

GP ST3s can work in any of these sites, within the following shift patterns:

- **Monday – Friday**  
18:00 – 00:00
- **Saturday – Sunday**  
08:00 – 16:00  
08:00 – 18:00  
18:00 – 00:00

Although we try to accommodate requests for flexibility around these shift patterns, this may be limited as all shifts must fall within the designated hours laid out in the Registrars' Out of Hours Contract.

## **Induction**

Registering with Hartlepool and Stockton Health for OOH sessions is simple. The GP ST3 cohort will be contacted directly by our Culture Team, who will ask for the following documents:

- A Completed Personal Details Form (which will be attached to the initial email)
- Evidence of Safeguarding Adults and Children Training
- Evidence of BLS Face-to-Face Training

Once the above documentation has been sent to the team, the GP ST3 will be invited to attend an online induction, covering information about the service, our locations, the expectations for a GP ST3 within the centre, and a question-and-answer session.

Led by one of our Clinical Leads, the induction is designed to ensure that all GP ST3s feel confident to work in the service.

We organise group inductions to make the process as seamless as possible, we encourage everyone to attend the core dates to prevent delays to your OOH journey.

Once the GP ST3 has attended an induction, they will receive login details for an online portal, where they are able to view and request OOH sessions. These sessions will coincide with the hours our GP Trainers are working within the different centres.

The online portal will also allow them to access all documents relevant to the service, as well as our policies and procedures.

### **ST3 Information Regarding Shift Patterns**

Although Hartlepool and Stockton Health will always support any ST3s to get the required experience in OOH, we want to remind the team that it is their responsibility to ensure that their OOH work is taken in line with relevant guidelines.

When OOH work is undertaken (24 hours across the 6-month placement), the equivalent number of hours will need to be deducted from the clinical sessions (as described above) in the same week, or following weeks, as agreed with your practice.

The scheduling of OOH work must also remain compliant with the average 40 hour weekly total and ensure a safe working pattern in accordance with Schedule 3 of the TCS. Depending on the nature of the out of hours work, the consequent time off may need to be taken in one block during the same week (perhaps the same day or the next day), or it may be possible to take it in smaller amounts across a number of weeks; this should be agreed with your supervisor.

The timing of any time off in lieu will need to be agreed with regard to the need to maintain safe working hours and must be agreed prior to the out of hours work being undertaken.

In order to achieve the required competencies you will undertake a number of OOH work across this 6 month placement; you should schedule this in accordance with availability and with the agreement of your supervisor. You may spread these hours across the 6 months in any safe pattern compliant with the working hours provisions of Schedule 3 of the TCS; however, you should not schedule work across more than 3 weekends in the 6 months, as defined in Schedule 2, paragraph 5 of the TCS. No more than 13 of these hours should fall into the period attracting a night enhancement (broadly, after 9 pm or before 7 am), as set out in Schedule 2, paragraphs 14-16 of the TCS.

### **Contact Information**

Contact Email – [hash.culture@nhs.net](mailto:hash.culture@nhs.net)

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