

Trauma & Orthopaedics F2 Job Description

Post Based at Cumberland Infirmary, Carlisle

Normal days: - on normal days you will provide cover for the surgical patients of your team and support the FY1. There is the opportunity to attend clinics and theatre sessions.

Long days: - you will typically be doing normal day cover up to 1600. After 1600 you will be responsible for supporting the FY1 covering surgical back of house and front of house. You will be providing emergency cover for head and neck (maxillofacial surgery and otolaryngology)

Weekend shifts: - You will attend the head and neck ward round at 8am on Beech. You will typically be providing emergency cover for head and neck and supporting the FY1 in back of house and emergency surgery.

Curriculum outcomes that can be achieved:

1. Professional Behaviour and Trust
* Acts professionally
* Delivers patient centred care and maintains trust
* Behaves in accordance with ethical and legal requirements
* Keeps practice up to date through learning and teaching
* Demonstrates engagement in career planning

**Professionalism:**

You are expected to act in accordance with GMC guidance in all interactions with patients, relatives/carers and colleagues. You will be expected to engage with the eportfolio process and as a department we will support you with this, although ultimately this is your responsibility. We will expect you to take responsibility for ensuring appropriate cover during leave and adhering to departmental sickness policy as outlined at induction. You are expected to attend on time for all duties, including handovers, clinical commitments and teaching sessions. You will be released for FY2 teaching unless there are exceptional circumstances and should notify your consultant at the beginning of your shift of your need to attend. You will need to organise and prioritises workload as a matter of routine but senior guidance can always be sought.

2) Communication, team working, & leadership

* Communicates clearly in a variety of settings
* Works effectively as a team member
* Demonstrates leadership skills

**Communicates clearly in a variety of settings:**

Clear communication is especially important in medicine. Skills in verbal communication between junior colleagues, with professions allied to medicine within the multidisciplinary team, to senior colleagues and to patients/families will all be developed during this attachment. Written communication by way of note keeping during ward rounds, documentation of test results and clearly written discharge summaries are all areas where you will be expected to gain experience of and improve at.

**Works effectively as a team member**

You will be expected to partake in daily structured handovers/board rounds to ensure safe continuing care of patients and to make adequate arrangements for cover e.g. handing over bleep during educational sessions. You are expected to act as a member of the multidisciplinary professional team by supporting, respecting and being receptive to the views of other healthcare profession and to work effectively with others towards a common goal.

**Demonstrates leadership skills**

As an FY2 on the unit you will be expected to take on more of a leadership role, particularly in supporting your FY1 colleagues. You will be a valuable resource for them in terms of clinical skills/knowledge and also perhaps in terms of processes within the department and Trust in general. You will also be expected to help with informal teaching of medical students rotating through the unit and provide general support to them.

1. Clinical care
* Recognises, assesses and initiates management of the acutely ill patient
* Recognises, assesses and manages patients with long term conditions
* Obtains a history, performs clinical examination, formulates differential diagnosis and management plan
* Requests relevant investigations and acts upon results
* Prescribes safely
* Performs procedures safely
* Demonstrates an understanding of the principles of health promotion and illness prevention

You will play an integral part of the daily trauma meetings. There is the opportunity for you to attend outpatient clinics and theatre sessions

**Recognises, assesses and initiates the management of the acutely ill patient**

You will get plenty of exposure to sick or deteriorating patients. You will have the opportunity to develop your skills in recognition and prompt response to a change in NEWS, your assessment of the acutely unwell patient using ABCDE approach and in delivering immediate therapy to an acutely ill patient. Senior doctors will always be available to help you manage sick patients on the unit.

**Obtains history, performs clinical examination, formulates differential diagnosis and management plan**

You will have plenty opportunity for regular patient and review of patients highlighted by nursing staff that may have deteriorated or developed a new problem giving you the opportunity to build up experience in this area.

**Requests relevant investigations and acts upon results**

Investigations are many. You will get experience in requesting investigations when you see patients but will also learn through investigations you are asked to request for patients with particular presentations. It is expected that all investigation results are documented in patients’ case notes. You will receive feedback on interpretation of investigations during ward rounds and when presenting patients you have seen to the consultant.

**Prescribes safely**

When working in a busy clinical area with interruptions, care must be taken to avoid prescription errors. You will build on your knowledge gained during FY1 of prescribing under the supervision of more senior doctors. We have a ward pharmacist who can also be approached for advice.

4) Safety & Quality

* Recognises and works within limits of personal competence
* Makes patient safety a priority in clinical practice
* Contributes to quality improvement

**Recognises and works within limits of personal competence**

As an FY2 you are well supported by senior staff in this unit and should never feel that you are working outside your level of competence. If you ever do feel like this, you are encouraged to inform a senior member of staff immediately and clearly communicate any concerns. You will be expected to maintain and develop competence through completion of workplace based assessments and attendance at organised teaching.

**Makes patient safety a priority in clinical practice**

FY2s should familiarise themselves with Trust processes for incident reporting and are encouraged to do this if they witness anything that they feel could compromise patient safety. You are also advised to reflect on such events in your eportfolio including the role of human factors. Adherence to Trust protocols regarding management of medical conditions, all available on Trust intranet, is mandatory, as is adherence to Trust infection control policy.

There is weekly FY clinical teaching held in the education centre. Professional teaching modules are repeated throughout the year to enable attendance at all modules.

You will have regular meetings with your clinical supervisor who will provide feedback to you. They will also help ensure you have adequate opportunity to undertake SLEs and gain feedback from these. There will also be a placement supervision group for your placement to enhance the quality of the feedback you are given from your clinical supervisor

There is weekly departmental teaching in addition to the teaching received in the daily trauma meetings.

Other Educational teaching opportunities are available in the Trust, details can be found in the Medical Education Teaching opportunities booklet.