

General Information

Our website holds a lot of information, and we suggest that you familiarise yourself with it. Our website is: <https://madeinheene.hee.nhs.uk/dtvgptraining>

The official **Twitter/X** account for Durham & Tees Valley GP Training Programme is [@NHSE_DTVGP](#) and this encompasses local events, medical info, support & encouragement for our GP Doctors in Training.

The Lead Employer Trust (LET) is your employer, please see the LET information sheet for further details. Their website is: <https://www.nenc-leademployertrust.nhs.uk>

Annual Review of Competence Progression (ARCP)

Please refer to: https://madeinheene.hee.nhs.uk/general_practice/Trainees/Current-trainees/Annual-Review-of-Competence-Progression-panel-ARCP

Please refer to this useful information document:

<https://madeinheene.hee.nhs.uk/revalidation/useful-documents>

For any queries not covered by the above, please contact Rachel Hardy, School Manager rachel.hardy19@nhs.net

BLS/Safeguarding

We are unable to advise on a provider for your BLS/Safeguarding course(s), however your Practice/Trust and your CS and/or ES should be able to advise you.

ePortfolio (eP)

Please find information regarding navigating your ePortfolio here:

https://madeinheene.hee.nhs.uk/general_practice/The-School/Current-trainees/The-ePortfolio

FourteenFish's support section can be found here:

<https://support.fourteenfish.com/hc/en-gb>

Please complete this form to log a query: <https://support.fourteenfish.com/hc/en-gb/requests/new> or email support@fourteenfish.com

Insurance indemnity

Any queries should be directed to the school via email england.generalpractice.ne@nhs.net

You can also contact MPS, which offers free membership for GP Resident Doctors.

Revalidation

Designated Body = NHSE Education North East

Responsible Officer = Dr Dawn Ashley, Postgraduate Dean

For any queries regarding revalidation, please email:

england.traineerevalidation.ne@nhs.net

General Information (continued)

Social Prescribing

If you require assistance from the social prescriber, you can self-refer via phone: 0800 9177752 or via email: hnf-tr.heesocialprescribing@nhs.net

Please refer to this link for information regarding social prescribing:

https://www.yorksandhumberdeanery.nhs.uk/learner_support/support-international-medical-graduates/social-prescribing-imgs

Study Leave and Expenses (including how to use ALM and Easy),

Please refer to our website: under Postgraduate Doctors in Training Area, Study Leave.

https://madeinheene.hee.nhs.uk/general_practice/Postgraduate-doctors-in-training/Study-Leave

You will find information on pre-approved courses, reimbursement of fees, policy on study leave for exams and exam prep, a flowchart to guide you through the process, and who to contact if you have a query.

Study leave allowance:

- 90% LTFT = 27 days (13.5 days per 6-month rotational period Aug-Feb, Feb-Aug)
- 80% LTFT = 24 days (12 days per 6-month rotational period Aug-Feb, Feb-Aug)
- 70% LTFT = 21 days (10.5 days per 6-month rotational period Aug-Feb, Feb-Aug)
- 60% LTFT = 18 days (9 days per 6-month rotational period Aug-Feb, Feb-Aug)
- 50% LTFT = 15 days (7.5 days per 6-month rotational period Aug-Feb, Feb-Aug)

Regional teaching must be deducted from your study leave allowance. This will be checked by Central Office during ALM application reviews.

Rotas

If you are in a Trust post, once you receive your rota, please look through it and check to see if you have been placed on call or on nights, the day before you rotate to your next post. It is your responsibility to speak to your rota coordinator if you're needing to swap.

Visa questions/queries

Please contact the regional sponsorship team on: england.sponsorship@nhs.net

Inter Deanery Transfer and Intra Deanery Transfer

Please do not email the programme as the information can be found on our website:

https://madeinheene.hee.nhs.uk/general_practice/Postgraduate-doctors-in-training/Inter-Deanery-Transfers-IDT