**E+D 2021 Exercise 4. Total time 12 minutes**

If this is a new pair, spend a minute telling each other:

* Who you are
* Where you work
* Any special interests inside or outside medicine
* What you would be if you were not a doctor

(or some other personal but sharable information about yourself)

**Background**

Recently HEE NE+NC have produced the attached faith summary. Whenever I see such things, I always flick to the description of my beliefs, and am often left wondering if the descriptions of the other faiths are equally inadequate. Anyway, look at this, and:

Describe to the other person your personal belief structure in as much detail as you feel comfortable sharing. Allow them to then ask questions and discuss.

* For those of you of one of the faiths listed, is the description accurate?
* What would you like to add that you ant other people to know?
* For those of you of no particular faith, what code or construct do you hold that frames how you relate to others? Can you give it a name, and were you to do so, what would it look like as a page in a document like this? [If you are doing the latter, please make notes and send them to me later]

(Five minutes each)