

## E-Portfolio: how to make it work for you

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### HUGE DISCLAIMER (or two)

#### TASK

- Not going to talk about TASK as it's already happened...
- However:
  - o SIM Rep role
  - Does link to portfolio (if needed)
  - Other upcoming SIM stuff
    - IO catch up sessions
    - Registrar Ready
    - Level 3 Sim (different themes)
    - IMG Day
    - Local/departmental SIM

#### E-Portfolio – My 5 top tips

- Set aside some time to do this regularly
  - 10 mins/day, 1hr/week, half day/month
- Tag as you go along (and think about the tag before you reflect)
- Be proactive to get SLEs especially the mandatory ones
- Use the same case for deeper learning
  - Reflection on CBD, PICO on minicex, Audit on HAT etc
- Make use of Al?!?!

#### Live Demo

ARCP requirements updated November 2023.pdf

RCPCH ePortfolio guidance for doctors | RCPCH risr/advance RCPCH Specialty
Trainee Progress+
- new









Useful Podcasts (that you can reflect on)



# Other useful resources (that you may or may not already know about)

- Healthier Together
- Antimicrobial-Paediatric-Summary-UKPAS.pdf
- EOLAS Get the App
- Cher Conference Cher Newcastle
- Made in HEENE Home

#### Questions?